

Suggestions for experiencing video art

Come in and out when you like

It can feel overwhelming to enter in the middle of a video, but the work is played on a loop, allowing you to discover moments rather than linear narratives.

Allow yourself to be immersed in the experience

Try to watch uncritically and just let it flow over you

Watch it through a few times if you can, and start to pay attention to details

What do you see? What do you hear?

How did the artist frame a scene or focus your attention?

Try watching from different places in the room

The artist intended for viewers to sit on a carpet in front of the video, as you might have done as a child.

Try sitting close to the screen. Try sitting in front of the speakers.

Try laying down.

Focus on your experience and feelings with curiosity

What kinds of feelings do you have?

What do you think provoked these responses?

Be honest

As with all artwork, not everything is for everyone. Maybe this work is for you and maybe it's for someone else.

Would you recommend it to a friend?

What would you tell them?